

Brownsboro Park Retirement Community

SOUP AND SALAD

Soup of the Day

Please ask your server about the soup of the day.

Tossed Salad

A blend of iceberg and Romaine lettuce, topped with grape tomatoes, red onion, bell peppers, cucumbers, and your choice of dressing.

Chef Salad

Our tossed salad topped with your choice of chopped ham, turkey, chicken or tuna salad, shredded cheddar cheese, and your preferred dressing. Add a hard-boiled egg upon request.

Spinach Salad

A bed of baby spinach topped with sliced red onions, grape tomatoes, sliced cucumber, and your choice of dressing.

Dressings

Our selection of salad dressings includes ranch, bleu cheese, Catalina, fat-free Italian, honey mustard, 1000 Island, and fat-free raspberry vinaigrette.

BREAKFAST OPTIONS

Eggs to Order

Eggs cooked any way you like, fried, scrambled or poached, or order an omelet with any toppings, including ham, bacon, onion, peppers, tomatoes, mushrooms and cheddar cheese. Poached eggs are available only during lunch service.

Breakfast Meats

Our breakfast meat option include bacon, sausage patties, turkey sausage links and country ham. Sausage patties and links are not available at dinner.

Hashbrowns

Order a side of shredded hashbrowns with any breakfast or meal combination. Cooked to order. Only available during lunch service

Biscuits & Gravy

Our southern style biscuits smothered with country gravy. Only available during lunch service.

Toast

Select your choice of whole wheat, white, marble rye, raisin toast, whole wheat or blueberry bagel.

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DELI

Deli Sandwich

Have a sandwich prepared from choices of sliced ham, turkey, chicken salad, tuna salad, pimento cheese, or order a BLT. Served on whole wheat, white, marble rye bread or make it a wrap on a whole wheat tortilla.

VEGAN Cold Wrap

Create your own vegetable wrap in a whole wheat tortilla from a selection of roasted red pepper humus, lettuce, sliced tomatoes, cucumbers, dill or bread and butter pickles, shredded carrots, red onions and black olives. Mustard available upon request.

GRILL AND SAUTÉ

Grilled Hamburger

A 5 ounce burger dressed however you like and served on a whole wheat bun. Add your choice of American, Swiss or cheddar cheese. Ketchup, mustard or mayonnaise are available upon request. Served with an order of shoestring french fries.

Grilled Chicken Breast

A seasoned 4 ounce chicken breast filet. Have it off the bun or on it, dressed with lettuce, tomato, onion and pickle. Honey mustard, mayonnaise or mustard available upon request.

VEGAN Vegetable Stir-Fry

Broccoli, carrots, water chestnuts, bamboo shoots, peppers and onions, stir-fried with sesame oil and teriyaki sauce, served over white rice.

SPECIALS

Lunch and Dinner Specials

Please ask your server about our daily specials.